



## **Worshipping deeds recommended for the month of Rajab**

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- Fasting
- Reciting supplications
- Istighfar
- Thikr
- Reciting the Holy Quran
- Saying prayers
- Umra
- Making the Ziyarah to Imam Al-Hussein (a.s)
- Dua' Um Dawood.

## **The deeds of the month of Rajab**

**The month of Rajab is one of the four Haram months along with Thul-Qi'da, Thul-Hijja and Muharram, in which Allah has forbidden fighting. It is narrated that the Messenger of Allah (p.) said: "Rajab is the month of Allah that is called Al-Asab (the pourer) for Allah showers His servants with mercy in it". Thus, in this month, the Muslims experience a flowing mercy that is reflected upon their social, political and security reality. Its days are more like an opportunity for people to return to God and experience His kindness and mercy, and casting off any spite, grudge and fanaticism that might have been ignited in the past months and days.**

**Many traditions narrate the recommended acts in this month, including:**

### **- Fasting:**

**Fasting in the month of Rajab brings about many rewards and virtues, and it is narrated that he who is not able to fast can make the following Tasbih a hundred times each day to attain the reward of fasting:**

**"Glory be to Allah the Grand. Glory be to Him Whom glory befits none but Him. Glory be to the most Mighty, the Most Bountiful. Glory be to Him Who reserved the power for Himself and which He deserves".**

### **- Reciting supplications:**

**There are many supplications to recite in the month of Rajab, one of which the Muslim can recite in the morning and evening of each of its days, as well as after the prayers:**

**“O Allah, bless Muhammad and his household. O He from Whom I can hope for all goodness And I am safe from His anger at every evil. O He Who gives a lot in exchange of a little. O He Who gives to one who asks Him. O He Who gives to one who does not ask Him and does not know Him, out of His affection and mercy. Give me, for my request is only to You alone, all the good of this world and all the good of the Hereafter. Keep away from me, for my request is only to You alone, all the evil of this world and the evil of the Hereafter, for indeed it is not diminishing what is given by You. Increase (for) me from Your bounty, O the Generous. O the Sublime and the Distinguished, O the Bountiful and the Magnanimous, O the Gracious and the Mighty, save my grey hairs of the beard from the fire (of Hell)”.**

### **- Istighfar:**

**It is narrated that the Prophet (p.) said: “Whoever says in the month of Rajab: ‘I seek forgiveness from Allah Who there is no god but Him, and to Whom no partner can be ascribed, and I seek repentance from Him’ a hundred times and finishes it by giving out charity, Allah will shower him with mercy and forgiveness, and whoever recites it four hundred times, Allah will grant him the rewards granted to a hundred martyrs”.**

**- Thikr:**

**It is narrated that the Messenger said: “Whoever says in Rajab: ‘there is no god but Allah’ a thousand times shall be granted a thousand rewards and Allah will build a hundred cities in Heaven”.**

**- Reciting the Holy Quran:**

**Whoever recites “Say: He, Allah, is One” a hundred times on a Friday in the month of Rajab, there shall be a light for him on the Judgment Day that leads him to Heaven.**

**- Saying prayers:**

**It is narrated that the Prophet (p.) said: “Whoever prays in one of the nights of Rajab ten Rak’ahs, and recites in every Rak’ah Al-Hamd Surah, Al-Kafiroon Surah once time and Al-Ikhlās Surah three times Allah shall forgive all the sins he has committed.**

**- Umra:**

**It is narrated that the best Umra is that performed in the month of Rajab, and it comes right after pilgrimage in terms of the rewards it brings about.**

**- Making the Ziyarah to Imam Al-Hussein (a.s.):**

**It is recommended in the middle of the month of Rajab, as narrated by Imam Ar-Rida (a.s.), whether closely or remotely.**

**- Dua’ Um Dawood:**

**Sheikh At-Tousi narrated: It is recommended for the Muslim to recite the supplication (Dua’) of Um Dawood. It is one of the best deeds to be performed for the middle of Rajab. One is recommended to observe fasting on the 13th, 14th and 15th of the month of Rajab. On the middle of the month, one is recommended to take bath at the time when the sun passes the meridian (Zawal), and perform the Dhuhr and ‘Asr prayers. Then he can recite some Quranic Surahs, followed by Um Dawood supplication.**

**It is worth mentioning that Um Dawood is the mother of Imam As-Sadiq (a.s.) by breastfeeding. Her son Dawood was imprisoned and she knew nothing about him, so according to the narration, the Imam (a.s.) taught her this supplication for good deeds, answering the prayers and ensuring success.**

**End**